



## **FREE MENTAL HEALTH COUNSELING FOR ADULTS 60+**



**LET'S TALK**



**ANXIETY, FEELINGS  
OF DEPRESSION CAN  
HURT.**



**SOCIAL ISOLATION  
IN TIMES OF COVID-  
19 IS HARD.**

**LET'S TALK. CALL OR EMAIL:  
Guadalupe Rodriguez, Licensed Clinical Social Worker  
[grodriguez@unitedhomecare.com](mailto:grodriguez@unitedhomecare.com)  
UHC Customer Care Center: 305-716-0710**

**Mental Health Counseling Service is FREE for persons age 60+ living in Miami-Dade. By telephone, a licensed clinical social worker from United HomeCare will provide counseling services, confidentially.**

**United HomeCare is a non-profit, home and community care organization serving South Florida's older adults since 1974. To learn more about our mission, please visit:  
[www.unitedhomecare.com](http://www.unitedhomecare.com)**